

Al Sloman Gym Schedule

Gym Schedule Subject to Change

Spring 2009 Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-10:30am Adult Pickup	5:30-9:00am Open Gym	5:30-10:00am Open Gym	5:30-9:00am Open Gym	5:30-10:00am Open Gym	5:30-9:00am Open Gym	8:00-1:30pm
Basketball (Whole Gym)	9:00-10:45am Jazzercise (Whole Gym)	10:00-1:00am Early Childhood Classes (Whole Gym)	9:00-10:45am Jazzercise (Whole Gym)	10:00-1:00pm Early Childhood Classes (Whole Gym)	9:00-10:45am Jazzercise (Whole Gym)	Open Gym (Whole Gym)
10:30-1:00pm 1/2 open gym 1/2 family gym	10:45-1:00pm Early Childhood Classes (Whole Gym)		10:45-1:00pm Early Childhood Classes (Whole Gym)		10:45-12:30pm Early Childhood Classes (Whole Gym)	
1:00-2:00pm 1/2 open gym 1/2 teen pickup	1:00-2:00pm Tiny Tots (Whole Gym)	1:00pm-2:00pm Tiny Tots (Whole Gym)	1:00-2:00pm Tiny Tots (Whole Gym)	1:00-2:00pm Tiny Tots (Whole Gym)	12:30-3:00pm Open Gym (Whole Gym)	1:30-3:30pm 1/2 Teen Pickup 1/2 Open Gym
2pm-4pm Open Gym (Whole Gym)	2:00-5:15pm Open Gym (Whole Gym)	2:00-5:15pm 1/2 Family Gym 1/2 Open Gym	2:00-4:15pm Maimonides Gym Class (Whole Gym)	2:00-5:15pm Open Gym (Whole Gym)	3:00-4:45pm 1/2 Teen Pickup 1/2 Open Gym	3:30-5:00pm Open Gym (Whole Gym)
4pm-7pm Men's League (Whole Gym)		5:15-6:45pm Jazzercise (Whole Gym)	4:15-5:30pm Open Gym (Whole Gym)	5:15-6:45pm Jazzercise (Whole Gym)		5:00-6:45pm 1/2 Family Gym 1/2 Open Gym
	5:15-6:15pm 1/2 Teen Pickup 1/2 Open Gym		5:30pm-8:30pm Adult Pickup (Whole Gym)			
CLOSED	6:15-9:45pm Adult Basketball League (Whole Gym)	6:45-9:45pm Open Gym (Whole Gym)	8:30-9:45pm Open Gym (Whole Gym)	6:45-9:45pm Open Gym (Whole Gym)	CLOSED	CLOSED