

Al Sloman Gym Schedule

Gym Schedule Subject to Change

June 2010 --September 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-10:30am Adult Pickup	5:30-9:00am Open Gym	5:30-9:00am Open Gym	5:30-9:00am Open Gym	5:30-9:00am Open Gym	5:30-9:00am Open Gym	8:00-1:30pm Open Gym
Basketball (Whole Gym)	9:00-10:45am Jazzercise (Whole Gym)	9:00-1:00am Early Childhood Classes (Whole Gym)	9:00-10:45am Jazzercise (Whole Gym)	9:00-1:00pm Early Childhood Classes (Whole Gym)	9:00-10:45am Jazzercise (Whole Gym)	
10:30-11:30am Open Gym (Whole Gym)	10:45-1:00pm Early Childhood Classes (Whole Gym)	10:45-1:00pm Early Childhood Classes (Whole Gym)	10:45-1:00pm Early Childhood Classes (Whole Gym)	10:45-12:30pm Early Childhood Classes (Whole Gym)	10:45-12:30pm Early Childhood Classes (Whole Gym)	
11:30-1:00pm Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	12:30-3:00pm Open Gym (Whole Gym)	1:30-3:30pm 1/2 Teen Pickup 1/2 Open Gym
Whole Gym OPEN gYM Whole Gym	2:00pm-5:00pm Open Gym (Whole Gym)	2pm-5:15pm 1/2 Family Gym 1/2 Open Gym	2pm-4:30pm Open gym	2:00pm-5:00pm open gym whole gym	3:00-4:45pm 1/2 Teen Pickup 1/2 Open Gym	3:30-5:00pm Open Gym (Whole Gym)
1:00-6:00 Open Gym	5:00-6:00pm 1/2 Teen Pickup 1/2 Open Gym	5:15-6:45pm Jazzercise (Whole Gym)	4:30-5:30 Half Open Gym Half Adult Pick Up	5:15-6:45pm Jazzercise (Whole Gym)		5:00-6:45pm 1/2 Family Gym 1/2 Open Gym
Whole Gym Open Gym	6pm to 9pm 1/2 Open Gym	6:45-9:45 Open Gym (Whole Gym)	5:30pm-8:30pm Adult Pickup (Whole Gym)	7:00 -9:30 Mens League 3 on 3 Whole Gym	CLOSED	CLOSED
Whole Gym	1/2 Volley Ball	Open Gym Whole Gym	8:30-9:45pm Open Gym (Whole Gym)			

