

# BETTY CLARK INDOOR POOL



(30ft X 60ft. - 1mile = 88 lengths) Pool schedule subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>POOL CLOSED</b>	5:30-8:00AM Lap	5:30-8:15AM Lap	5:30-8:00AM Lap	5:30-8:15AM Lap	5:30-8:00AM Lap	<b>Effective 11/11/2011</b>
8:00 - 10:30 AM Lap Swim	Swim 8:15-9:00AM Aqua Movements	Swim 8:30-9:15AM Aqua Movements	Swim 8:15-9:00AM SilverSplash	Swim 8:30-9:15AM Aqua Movements	Swim 8:15-9:00AM Silver Splash	8:00-10:00AM  Lap Swim
10:30 - 11:00AM IPAP Swim Class	9:00 -9:55 AM Wet Workout	9:20-10:20AM Deep Water	9:00- 9:45 AM Aqua Zumba	9:20-10:20AM Deep Water	9:00 - 9:55 AM Wet Workout	10:00AM-
1/2 Open	9:55 - 10:25 AM Early Childhood Lessons	Fusion (Advanced)	9:45 - 10:20 AM E.C Lessons	Fusion (Advanced)	9:55 - 10:25 AM Early Childhood Lessons	
11:00-11:30AM Women Only	10:25-11:10 AM Aqua Movements	10:25 - 11:10 AM SilverSplash	10:30-11:15AM Aqua Movements	10:25 - 11:10 AM SilverSplash	10:25 - 11:10 AM Aqua Movements	1:15PM
11:30 - 2:30PM 1/2 Lap & 1/2 Open	<b>Deep end Open</b> 11:15-12:15PM Arthritis Class	11:30-12:15PM Silver Splash <b>Deep end Open</b>	<b>Deep end Open</b> 11:15-12:15PM Arthritis Class	11:30-12:15PM Silver Splash <b>Deep end Open</b>	<b>Deep end Open</b> 11:15-12:15PM Arthritis Class	1/2 Open & 1/2 Lap
12:15 - 1:15PM Adult Lap Swim						
1:15PM - 2:15PM Swim lessons 1/2 Lane lap						
2:30-4:00PM Swim Lessons 1 lane open	2:15-3:00PM Adult swim	2:15-3:15PM Aqua Aerobics	2:15-3:00PM Adult swim	2:15-3:15PM Aqua Aerobics	2:15-3:15PM Adult swim	2:15-3:15PM Family Swim
	3:00-4:00PM 1/2 Open / Lap	3:15-4:00PM 1/2 Open / Lap	3:00-4:00PM 1/2 Open / Lap	3:15-4:00PM 1/2 Open / Lap	3:15-5:00PM 1/2 Open & 1/2 Lap	3:15-6:00PM 1/2 Open & 1/2 Lap
4:00-6:00PM 1/2 Open 1/2 Lap	<b>4:00pm - 5:00PM</b> Swim Lessons & 1 Lane Lap swimming					
	5:00-6:00PM Lap Swim	5:00-6:00PM Lap Swim	5:00- 6:00PM Lap Swim	5:00-6:00PM Lap Swim	5:00-6:00PM Lap Swim	6:00- 7:00PM Swim Team
6:00-7:00PM Swim Team	6:00-7:00PM Swim Team	6:00-8:00PM Swim Team	6:00-7:00PM Aqua Boot Class	6:00-8:00PM Swim Team	6:00-6:45PM Half Open / 1/2 Lap	<b>Children Under 12 Must be accompanied by an adult at all times</b>
	7:00-8:00PM Wet Workout	8:00-9:00PM Women only	7:00-8:00PM Wet Workout	8:00 - 9:45PM	6:45PM	
	8:00-9:45PM Half Open / 1/2 Lap	9:00pm-9:45PM Men Only	8:00-9:45PM Half Open / 1/2 Lap	Half Open & 1/2/ Lap	POOL CLOSED	
<b>Please be advised: between 6:15am-7:45am the indoor pool experiences a peak period</b> <b>Policy For Lightning - For everyone's safety the indoor pool will close due to lightning.</b>						<b>Fee Required</b> <b>No Fee</b>